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A Study of Self-Esteem Value of Academic Teachers in J. M. Patel College, Bhandara.

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ABSTRACT :

The main purpose of this research paper is emerging and improving their self-esteem value of Academic teachers in J. M. Patel College, Bhandara. This paper helps to find out the present self-esteem value and helps to increase the awareness about the self-esteem status among Academic teachers. For study thirty (30) Academic teachers selected as sample. Types of equipment used for the collection of data of Self-esteem is measured by Dr Morris Rosenberg's Self-esteem Scale. Result of the present study was 16.67 % of the faculty members having low self-esteem value. 83.33 % of the faculty members having normal selfesteem value. Zero percentage of the faculty members having high self-esteem value. It tends to be concluded from the results of the study that they would intensification the awareness about the self-esteem status among Academic teachers in the college.

KEYWORDS : Academic, Self - Esteem value.

INTRODUCTION :- Self-esteem is the capacity to like and love oneself and feel worthwhile regardless of all the ups and downs of life. Self esteem may be defined simply as favorable or unfavorable attitude towards self (Rosenberg, 1965). It can also be defined as the perception of self worth, or the extent to which a person values, prizes, or appreciates the self (Blascovich & Tomaka, 1991). Any individual could have only two kinds of self-esteem (Robins, Hendin, & Trzesniewski, 2001).

Individuals with more elevated levels of confidence will be inspired to save and improve their financial status. Thus, people with more elevated levels of confidence may determine a more noteworthy utility stream from riches because of the status and mental self view upgrade it gives. it is probably going to be higher achievers in all presentation arranged undertakings than those with lower confidence since they will be progressively faithful about better execution so as to keep up apparent self-esteem.

PURPOSE OF THE STUDY:

The purpose of the study was to find out the selfesteem status of the Academic teachers in the college.

SIGNIFICANCE OF THE STUDY

- The study is used to know the present status of self-esteem of Academic teachers in the college.
- 2. The result of the study helps to develop and improve their self-esteem value of the Academic teachers in the college.
- 3. This study is used to increase awareness about the self-esteem status among Academic teachers in the college.

RESEARCH METHODOLOGY

This research study has been done by utilizing the systems of descriptive research designs. This exploration study is without a doubt dependent on survey method technique by utilizing questioner.

SOURCE OF DATA :

The collection of data regarding self-esteem value of Academic teachers in J. M. Patel College, Bhandara. The subjects are selected by the researcher by using a questionnaire. Types of equipment used for the collection of data of Selfesteem is measured by Dr Morris Rosenberg's Selfesteem Scale. Thirty (30) Academic teachers selected as sample.

ANALYSIS OF DATA :

To realize the self-esteem value of the faculties, 10 questions were asked on the questionnaire according to Dr Morris Rosenberg's Self-esteem

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Scale. The detail of response taken from the academic faculty members in J. M. Patel College, Bhandara. Total thirty (30) academic teachers are responded.

Distribution of Respondents

It is observed that 16.67 % of the faculty members having low self-esteem value. 83.33 % of the faculty members having Normal self-esteem value. Zero percentage of the faculty members having high self-esteem value. The details of the analysis are shown in the graphical representation.

Graphically Presentation of Respondents

| Self-esteem | | | |
|-------------|--------|------|-------|
| LOW | NORMAL | HIGH | TOTAL |
| 5 | 25 | 0 | 30 |
| 16.67 | 83.33 | 0 | 100 |

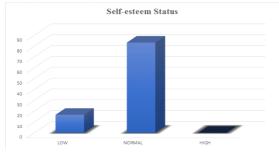


Chart No - 1

DISCUSSION OF THE FINDINGS:

It was seen that 16.67 % implies 5 faculty member having low confidence esteem since they put little an incentive on their conclusions and thoughts., it ought to know to creating and improving their confidence of the academic teachers. It is very acceptable that 83.33 % methods 25 faculty member having normal confidence esteem however it ought to know about the confidence status among academic teachers since it will in general become low confidence if a cognizant exertion isn't made.

Unfortunately, zero percentage means no faculty member having high self-esteem value, it implies there have no a reasonable, precise perspective on themselves.

CONCLUSION :

In the current study, it was seen that the current status of self-esteem value of academic teachers needs to develop and improving their confidence worth and to build the mindfulness about the confidence status among academic teachers in J. M. Patel College, Bhandara.

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